

Tri-County Schools Insurance Group
Executive Committee Meeting Minutes
400 Plumas Blvd, Suite 220, Yuba City, CA 95991
Friday, August 08, 2025, at 9:30 AM

This meeting is being conducted by teleconference at the following locations:

906 West 4th Street Alturas, CA 96101
570 Golden Eagle Ave, Quincy, CA 95971

Each teleconference location is open to the public and any member of the public has an opportunity to address the Board from a teleconference location in the same manner as if that person attended the regular meeting location. The Board will control the conduct of the meeting and determine the appropriate order and time limitations on public comments from teleconference locations.

ATTENDEES

Officers

Wheatland Elementary School Dist.	Craig Guensler	President
Sutter County Supt. of Schools	Ron Sherrod	Secretary

Directors

Colusa County Office of Ed.	Aaron Heinz
Feather River College	Kevin Trutna
Franklin Elementary School Dist.	James Lohman- Absent
Glenn County Office of Ed.	Ronnie Stenquist, Sylvia Gonzalez
Lake Tahoe Community College	Shelley Yohnka
Maxwell Unified School Dist.	Danielle Wilson
Modoc Joint Unified School Dist.	Beckie Lewis- Left at 12:06pm
Nuestro Elementary School Dist.	Karen Villalobos
Pierce Unified School District	Daena Meras
Pleasant Grove School District	Dave Tarr
Plumas Lake Elementary School Dist.	Jeff Roberts - Absent
Sierra Plumas Joint Unified	Randy Jones
Sutter Union High School Dist.	Jed Nunes- Arrived at 9:51am
Wheatland Elementary School Dist.	Trisha Brown
Yuba City Unified School District	Scott Bentley
Yuba Community College Dist.	Kathryn Wilkins
Yuba County Office of Ed.	Mary Hang - Absent

Employee Benefits Advisory Committee (EBAC)

Plumas Lake ESD	Heather Fowles- Absent
Colusa COE	Brenda Ramirez- Absent

Consultants

Acorn Health Group	Shea Smith
Advisor to TCSIG Executive Board	Mathew D. Evans
Anthem	Therese Nielsen
Farmer Curtis	Craig Farmer
Newfront	Mark Stokes, Jennet Horder
Personify	Dawn Goodman, Jennifer Bettenhausen

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Risk Strategies	Paul Harrison, Stephanie Morrisroe
SimpleTherapy	Jeremy Oswald, Joshua Oswald, Haley Alverson
USI	Steve Freeman

Staff

Deputy Executive Director	Ryan Robison
Chief Financial Officer	Marisa Garramore- Absent
Finance and Operations Manager	Nisha Johnson
Administrative Clerk	Becca McIntosh

Guests

East Nicolaus High School	Maria Foster
Marcum-Illinois	Maggie Irby

A. Call to Order

President Craig Guensler called the meeting to order at 9:30am.

B. Flag Salute

C. Roll Call

a. Establish a Quorum

D. Public Comments

This is an opportunity for members of the public to address the Executive Board on any matter within the Executive Board's jurisdiction that is listed or not listed on the Agenda. To ensure fair and equal treatment of all who appear before the Executive Committee, and to expedite Executive Committee business, speakers will be limited to three minutes. The three-minute per speaker time limitation may be extended for good cause by the President, or by the majority vote of the executive committee. Anyone wishing to be placed on the Agenda for a specific topic should contact the TCSIG office and submit correspondence at least 10 days before the desired date of appearance.

No public comment

E. Consent Agenda

- a. Approval of Minutes: June 20, 2025 Executive Committee Meeting
- b. Approval of Payments: June 2025

Motion: Aaron Heinz

Second: Ronnie Stenquist

Motion passed.

Colusa County Office of Ed.	Aaron Heinz	Yes
Feather River College	Kevin Trutna	Yes
Franklin Elementary School Dist.	James Lohman	Absent
Glenn County Office of Ed.	Ronnie Stenquist	Yes

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Lake Tahoe Community College	Shelley Yohnka	Yes
Maxwell Unified School Dist.	Danielle Wilson	Yes
Modoc Joint Unified School Dist.	Beckie Lewis	Yes
Nuestro Elementary School Dist.	Karen Villalobos	Yes
Pierce Unified School District	Daena Meras	Yes
Pleasant Grove School District	Dave Tarr	Yes
Plumas Lake Elementary School Dist.	Jeff Roberts	Absent
Sierra Plumas Joint Unified	Randy Jones	Yes
Sutter County Supt. of Schools	Ron Sherrod	Yes
Sutter Union High School Dist.	Jed Nunes	Absent
Wheatland Elementary School Dist.	Craig Guensler	Yes
Yuba City Unified School District	Scott Bentley	Yes
Yuba Community College Dist.	Kathryn Wilkins	Yes
Yuba County Office of Ed.	Mary Hang	Absent

F. Reports

- a. President's Report
No president's report.

G. Information and Discussion Items

- a. TCSIG: Craig Guensler
 - i. Interim Board of Director and Officer Midterm Appointments
 1. Appointment of Jeff Roberts, Plumas Lake, to Management and Development Subcommittee to serve as Vice President
 2. Appointment of Randy Jones, Sierra-Plumas, to Management and Development Subcommittee
 3. Appointment of Dave Tarr, Pleasant Grove, to the Executive Committee
 4. One open position remains on Executive Committee

President Craig Guensler addressed the board regarding changes to the TCSIG Executive Committee and Management and Development Subcommittee. Due to recent retirements the position of Vice President has come open so an interim Vice President need to be appointed and will serve until March 2026. Jeff Roberts was appointed as the Vice President for the TCSIG Executive Committee. They have also added Randy Jones to the Management and Development Subcommittee and added Dave Tarr from Pleasant Grove School District and Karen Villalobos from Nuestro to the Executive Committee.

- b. TCSIG: Marisa Garramore, Nisha Johnson, Becca McIntosh
 - i. Back to School Events
 1. Glenn COE Back to School Event 8/4/2025
 2. Yuba COE – New Hire Orientation 8/4/2025
 3. Colusa COE Welcome Back Day 8/5/2025
 4. Sutter County SOS Welcome Back Event 8/7/2025
 5. Feather River College 8/12/2025

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6. Offer to - YCUSD
7. Offer to – Plumas COE

Ryan Robison spoke to the board regarding the Back to School Events that TCSIG attended. There were some changes due to some TCSIG staff being out of the office. TCSIG Admin has traveled to Glenn COE, Yuba COE, Colusa COE, and SCSOS for events and have a few events booked. TCSIG is also working with two districts to narrow down which dates will work best. TCSIG staff reports that events have been going very well and that the districts were thankful that TCSIG will come to events and meetings.

- c. Acorn Health Group: Shea Smith
 - i. Biometric Screening Calendar
 - ii. UC Davis Update
 - iii. Staffing Update
 - iv. Satellite Clinic

Shea Smith provided an update on the TCSIG Wellness Center. The Biometric Screenings for 2025-2026 year is about to start. Next month they will begin visiting districts and will continue promoting and encouraging participation in the screenings. Last year they saw an increase in participation and are hoping this year's reminders and campaign will increase participation even more. This year they have sent out reminder cards for the Biometric Screenings that included a QR code so members could scan the card to sign up. Members will have access to 31 onsite events, or they can sign up to use a Quest lab.

Ms. Smith next reviewed the partnership with UC Davis, which is going very well. They are working with the UC Davis PA Program and helping train students. This will provide a potential pipeline for future providers for the Wellness Center, and it helps strengthen our relationship with UC Davis as one of TCSIG's Center's of Excellence. A memorandum of understanding has been signed with UC Davis and the Wellness Center. If it is processed quickly then PA's can start training on 09/29/25 and if not then they would start on November 03, 2025. UC Davis has high standards for the program, so they only take the top students so the applicants for the Wellness Center are very good. The PA's that are selected for rotations at the Wellness Center have already completed a year of their program with UC Davis, so they come with a lot of experience.

This program will help with some of the staffing changes the Wellness Center has been experiencing. Ms. Smith stated they had previously rushed to fill a vacancy but now they can take a more thoughtful and strategic approach. This will help get a qualified provider that will stay long term and work well with the other providers. Using their new approach, they hired Kirandip Kaur and Ms. Smith gave a short background on Kirandeep. She also has a UC Davis grad coming in for shadowing to see if they would be a good fit for the team. With these changes they have also added a new medical assistant.

Ms. Smith then went over the Semaglutide program, which is doing well and they have been able to help many patients get off other medications and improve their quality of life. The Wellness Center is promoting the Cancer Screening initiatives which provide a

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gift card if members participate. The Wellness Center has also added more availability with the Rapid Care 15-minute appointments and with the new providers there will be more appointment times.

- d. Simple Therapy MSK: Joshua Oswald, Jeremy Oswald, Hayley Alverson
 - i. What the primary MSK offers members through the clinic
 - ii. Discuss updates to the original MSK program
 - iii. Discuss ongoing marketing efforts for the MSK program through the clinic

The Simple Therapy team started off by having everyone do a stretch before they reviewed the Simple Therapy MSK program. The program is online physical therapy which is currently available to TCSIG members at no cost as long as it is through the TCSIG Wellness Center. The program is app based and is easily accessible and user friendly. They use computer vision motion assessments to make sure members are doing movements correctly and it has a comprehensive care team that members can meet with through the app if more help is needed. After the assessment a report is sent to the member and the care team. There are over 1500 videos that cover 18 different body parts. Simple MSK can help with repetitive job injuries or condition specific issues as well. They have many different programs through the app like prevention programs, condition specific programs, pain management, prehab and rehab, lifestyle or maintenance programs, virtual ergonomics assessments, or even pelvic health programs. The app also offers 17 different languages. When a member first signs up they will receive a care package which will include bands and other items needed for their program. Ms. Alverson then provided an overview of a members journey through Simple MSK.

Next the team provided an engagement overview. The first referral was in March 2025 and since then there has been a total of 39 referrals. There are currently 21 active members with 5 completed PT visits. There is an 83% member compliance rate and a 64% average in pain reduction reported.

Joshua Oswald showed an example of the care package that members received. There is a welcome card that explains all of the items in the package. This package had a phone stand, an ice pack, an ace bandage, and stretch bands.

- e. Anthem: Therese Nielsen
 - Personify: Dawn Goodman, Jennifer Bettenhausen
 - i. Provide review of Anthem amendment to the transgender reassignment coverages (WPATH); make recommendations; and if required draft amendments to TCSIG plan document.

Therese Nielsen wanted to provide a quick update on gender affirming care. TCSIG added this coverage a few years ago and made sure there were reviews in place. Anthem has always had two policy reviews regarding this type of care. WPATH now has a less strict review policy and Anthem has decided to move everyone to this program. TCSIG was previously allowed to stay on the stricter review policy that required two letters for gender affirming care instead of just one. Ms. Nielsen has approached TCSIG

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about Anthem moving everyone to the WPATH review process and wanted to verify that this is just clarifying the gender care benefit not changing the coverage.

Dawn Goodman stated TCSIG will really want to clarify so members, Anthem, and providers know what is and is not covered for gender care. Enough language has changed so that an amendment is needed for the Plan Document. She reviewed all of the red lines and wanted to clarify that we are not age discriminating. There is a rule that you cannot be under 18 to access this type of care. She also highlighted the Center of Excellence UCSF for this type of treatment. Next, she provided a thorough chart that shows what is covered and not covered. She has also moved the exclusions to the exclusion section in the Plan Document instead of under the covered area to reduce confusion. The exclusions section is where TCSIG is different from Anthem's WPATH. These changes are only to make sure things are very clear for what is and is not covered and that there is an age limit.

- f. Newfront: Mark Stokes, Jennet Horder
 - i. Ed Code Training, 8/11/2025
 - ii. Athens
 - 1. Staff Changes
 - iii. Company Nurse: Powered by Lintelo
 - 1. Posters, Stickers, Wallet Cards

Jennet Horder let the board know that there are a few things coming up for the Workers' Comp Program. First is the Ed Code Training that is scheduled for 08/11/25. This training focuses on Ed Code payment coordination with workers' comp disability. She then went over some staffing changes that have occurred with Athens. TCSIG has had an interim examiner but now they have a new permanent one, Chelsea Winsten. Chelsea has been working with Michelle and Cindy to get familiar with the TCSIG account and current claims. The new claims assistant/medical only examiner is Jessica Lawrence and our interim supervisor is Bristol Prieto. Ericka has been promoted to Regional Director of Claims and Sunny is moving to Quality Control. Ms. Horder also showed updates for the Company Nurse portal that has new branding and a digital assistant.

- g. Public School Works: Parker LaBoiteaux and Cris Duvall
 - i. Briefing of Public School Works
 - 1. Inventory what is presently available
 - 2. Proposed new changes to what is available

Parker LaBoiteaux provided an update on required trainings and proposed changes with Public SchoolWorks. The new required trainings are:

- AB 1913: Mandated Reporter
 - M-394 Child Abuse and Neglect Reporting – California
- Title IX

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- M-960 Title IX Federal 2020 Amendments – Training for All School Employees
- AB 5: LGBTQ+ Students Cultural Competency
 - M-1068 Safe and Supportive Schools Act: Module 1 LGBTQI+ Awareness and Support (California)
 - Public SchoolWorks is an approved alternative to meet this requirement. PRISM training is not the only approved vendor. They are only providing the training not journaling and there is a 5 year sunset so they are releasing one each year.
- SB 88: Pupil Transportation
 - M-1076 Transportation – Driver Safety (California – SB 88)
 - Bus Driver Specific Modules
 - This one should not be needed for bus driver but those that drive vans.
- 8 CCR 3395: Heat Illness Prevention
 - M-1050 Heat Illness Awareness – California
 - M-1051 Heat Illness Prevention Training for Supervisors California

There are also some SAM trainings but there is no law currently requiring them.

- SAM
 - M-257 Adult Sexual Misconduct
 - M-784 Healthy Boundaries: Maintaining Professional Relationships with Students
 - Custom Course Creation

h. TCSIG: Ryan Robison

- i. PRISM/TCSIG meeting 7/9/25
 - 1. Met with key leadership
 - 2. Lowest renewal in state
 - 3. Being considered for a committee

Ryan Robison wanted to update the board on a meeting he had with PRISM. The whole TCSIG team went to the PRISM Office on 07/09/25 to learn more about the program. This was also an opportunity to meet with their key team members for the TCSIG account and allow both organizations to get to know each other. PRISM likes having TCSIG in their pool and really likes how TCSIG handles themselves. TCSIG is already onboard with PRISM and are making some of the MOC changes that have been proposed. He also found out that TCSIG may be on a committee for PRISM later down the line.

i. Risk Strategies: Paul Harrison, Stephanie Morrisroe

Farmer Curtis: Craig Farmer

- i. PRISM Renewal: Craig Farmer to report on his review of the PRISM renewal and the amendments made to the MOC; provide any recommendations for further action brought about by any amendments on the MOC; if amendments to TCSIG's MOC are required to bring draft amendments to the board.

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Stephanie Morrisroe reviewed the PRISM MOC Changes. She noted that TCSIG has already complied with some of these changes.

Craig Farmer double checked the changes to see if TCSIG would have to make any changes to the TCSIG MOC. One worry was that PRISM was taking control of the claims but that was not the case. It is not meant to override TCSIG's control, PRISM may just want to come in to associate with the claim and help with defense. Below are Mr. Farmer's recommendations on the changes.

- PRISM's U-11 Cyber Exclusion – recommendation to add to TCSIG MOC
- PRISM's U-13 PFAS Exclusion – recommendation to add to TCSIG MOC
- Terms & Conditions – Settlement Costs – recommendation to add to TCSIG MOC
- Addendum B and Defense Counsel Standards – recommendation to add to TCSIG MOC
- Recommendations for further exploration; do not add at this time:
 - PRISM's Endorsement 3 – Primary & Non-Contributory
 - PRISM's U-12 Organic Pathogens Exclusion
- Recommend board delegate authority to board president to approve MOC language modifications and endorsements

Entered Closed Session at 11:22am.

H. Closed Session

- a. Claims (1) pursuant to Subdivision (b) 54956.95 and 6276.26
- b. Personnel Pursuant to Section 54957(b) and Section 54957.6
- c. Report on status of programs and contracts pursuant to Government Code Section 54950; 6276.02 and 54956.87; 6276.30; 6276.44; 6276.48; 11126; 6254.25(h)(ii)
- d. CONFERENCE WITH LEGAL COUNSEL-ANTICIPATED LITIGATION (Government Code 54956.9)
- e. Significant Exposure to Litigation Pursuant to Paragraph (2) of Subdivision (d) of Section 54956.9

Returned to open session at 12:28am.

No action to report from closed session.

I. Action Items

- a. Discussion and Possible Approval – Resolution #2025-009 Plan Document Amendment #7 WPATH
Motion to approve Resolution #2025-009 Plan Document Amendment #7 WPATH with bullet points to make coverage clear.
Motion: Randy Jones
Second: Aaron Heinz
Motion passed.

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Feather River College	Kevin Trutna	Yes
Franklin Elementary School Dist.	James Lohman	Absent
Glenn County Office of Ed.	Ronnie Stenquist	Yes
Lake Tahoe Community College	Shelley Yohnka	Yes
Maxwell Unified School Dist.	Danielle Wilson	Yes
Modoc Joint Unified School Dist.	Beckie Lewis	Absent
Nuestro Elementary School Dist.	Karen Villalobos	Yes
Pierce Unified School District	Daena Meras	Yes
Pleasant Grove School District	Dave Tarr	Yes
Plumas Lake Elementary School Dist.	Jeff Roberts	Absent
Sierra Plumas Joint Unified	Randy Jones	Yes
Sutter County Supt. of Schools	Ron Sherrod	Yes
Sutter Union High School Dist.	Jed Nunes	Yes
Wheatland Elementary School Dist.	Craig Guensler	Yes
Yuba City Unified School District	Scott Bentley	Yes
Yuba Community College Dist.	Kathryn Wilkins	Yes
Yuba County Office of Ed.	Mary Hang	Absent

b. Discussion and Possible Approval: Ratify Athens Contract

Tabled

c. Discussion and Possible Approval: Ratify Lease Agreements 400 Plumas Blvd

Motion to Ratify Lease Agreements 400 Plumas Blvd.

Motion: Danielle Wilson

Second: Aaron Heinz

Motion passed.

Colusa County Office of Ed.	Aaron Heinz	Yes
Feather River College	Kevin Trutna	Yes
Franklin Elementary School Dist.	James Lohman	Absent
Glenn County Office of Ed.	Ronnie Stenquist	Yes
Lake Tahoe Community College	Shelley Yohnka	Yes
Maxwell Unified School Dist.	Danielle Wilson	Yes
Modoc Joint Unified School Dist.	Beckie Lewis	Absent
Nuestro Elementary School Dist.	Karen Villalobos	Yes
Pierce Unified School District	Daena Meras	Yes
Pleasant Grove School District	Dave Tarr	Yes
Plumas Lake Elementary School Dist.	Jeff Roberts	Absent
Sierra Plumas Joint Unified	Randy Jones	Yes
Sutter County Supt. of Schools	Ron Sherrod	Yes
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- d. Discussion and Possible Approval: Property/Casualty 2025/2026 MOC Declaration and Endorsements effective 7/1/2025 TCSIG00025
Motion to approve Property/Casualty 2025/2026 MOC Declaration and Endorsements effective 7/1/2025 TCSIG00025 and authorize TCSIG Admin to approve once final.
Motion: Aaron Heinz
Second: Randy Jones
Motion passed.

Colusa County Office of Ed.	Aaron Heinz	Yes
Feather River College	Kevin Trutna	Yes
Franklin Elementary School Dist.	James Lohman	Absent
Glenn County Office of Ed.	Ronnie Stenquist	Yes
Lake Tahoe Community College	Shelley Yohnka	Yes
Maxwell Unified School Dist.	Danielle Wilson	Yes
Modoc Joint Unified School Dist.	Beckie Lewis	Absent
Nuestro Elementary School Dist.	Karen Villalobos	Yes
Pierce Unified School District	Daena Meras	Yes
Pleasant Grove School District	Dave Tarr	Yes
Plumas Lake Elementary School Dist.	Jeff Roberts	Absent
Sierra Plumas Joint Unified	Randy Jones	Yes
Sutter County Supt. of Schools	Ron Sherrod	Yes
Sutter Union High School Dist.	Jed Nunes	Yes
Wheatland Elementary School Dist.	Craig Guensler	Yes
Yuba City Unified School District	Scott Bentley	Yes
Yuba Community College Dist.	Kathryn Wilkins	Yes
Yuba County Office of Ed.	Mary Hang	Absent

- e. Discussion and Possible Approval: Appoint Executive Committee Officer (Vice President)
Motion to approve appointment of Jeff Roberts as Interim Executive Committee Vice President until March 2026.
Motion: Aaron Heinz
Second: Danielle Wilson
Motion passed.

Colusa County Office of Ed.	Aaron Heinz	Yes
Feather River College	Kevin Trutna	Yes
Franklin Elementary School Dist.	James Lohman	Absent
Glenn County Office of Ed.	Ronnie Stenquist	Yes
Lake Tahoe Community College	Shelley Yohnka	Yes
Maxwell Unified School Dist.	Danielle Wilson	Yes
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Sutter Union High School Dist.	Jed Nunes	Yes
Wheatland Elementary School Dist.	Craig Guensler	Yes
Yuba City Unified School District	Scott Bentley	Yes
Yuba Community College Dist.	Kathryn Wilkins	Yes
Yuba County Office of Ed.	Mary Hang	Absent

f. Discussion and Possible Approval: Appoint Management & Development Subcommittee (2)

Motion to approve appointment of Jeff Roberts and Randy Jones to the Management & Development Subcommittee.

Motion: Aaron Heinz

Second: Danielle Wilson

Motion passed.

Colusa County Office of Ed.	Aaron Heinz	Yes
Feather River College	Kevin Trutna	Yes
Franklin Elementary School Dist.	James Lohman	Absent
Glenn County Office of Ed.	Ronnie Stenquist	Yes
Lake Tahoe Community College	Shelley Yohnka	Yes
Maxwell Unified School Dist.	Danielle Wilson	Yes
Modoc Joint Unified School Dist.	Beckie Lewis	Absent
Nuestro Elementary School Dist.	Karen Villalobos	Yes
Pierce Unified School District	Daena Meras	Yes
Pleasant Grove School District	Dave Tarr	Yes
Plumas Lake Elementary School Dist.	Jeff Roberts	Absent
Sierra Plumas Joint Unified	Randy Jones	Yes
Sutter County Supt. of Schools	Ron Sherrod	Yes
Sutter Union High School Dist.	Jed Nunes	Yes
Wheatland Elementary School Dist.	Craig Guensler	Yes
Yuba City Unified School District	Scott Bentley	Yes
Yuba Community College Dist.	Kathryn Wilkins	Yes
Yuba County Office of Ed.	Mary Hang	Absent

g. Discussion and Possible Approval: Appoint Executive Committee Member (2)

Motion to approve appointment of Karen Villalobos and Dave Tarr to the Executive Committee.

Motion: Aaron Heinz

Second: Danielle Wilson

Motion passed.

Colusa County Office of Ed.	Aaron Heinz	Yes
Feather River College	Kevin Trutna	Yes

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Glenn County Office of Ed.	Ronnie Stenquist	Yes
Lake Tahoe Community College	Shelley Yohnka	Yes
Maxwell Unified School Dist.	Danielle Wilson	Yes
Modoc Joint Unified School Dist.	Beckie Lewis	Absent
Nuestro Elementary School Dist.	Karen Villalobos	Yes
Pierce Unified School District	Daena Meras	Yes
Pleasant Grove School District	Dave Tarr	Yes
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Yuba City Unified School District	Scott Bentley	Yes
Yuba Community College Dist.	Kathryn Wilkins	Yes
Yuba County Office of Ed.	Mary Hang	Absent

J. Items for Next Agenda

K. Adjournment

Motion: Aaron Heinz

Second: Scott Bentley

Meeting adjourned at 12:32pm

Colusa County Office of Ed.	Aaron Heinz	Yes
Feather River College	Kevin Trutna	Yes
Franklin Elementary School Dist.	James Lohman	Absent
Glenn County Office of Ed.	Ronnie Stenquist	Yes
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Maxwell Unified School Dist.	Danielle Wilson	Yes
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Yuba City Unified School District	Scott Bentley	Yes
Yuba Community College Dist.	Kathryn Wilkins	Yes
Yuba County Office of Ed.	Mary Hang	Absent